



RESEARCHER  
LINKS

NEWTON SMOKE-FREE HOMES  
WORKSHOP



Malaysia



# A REVIEW ON **TOBACCO CONTROL** IN MALAYSIA

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Zailina Hashim

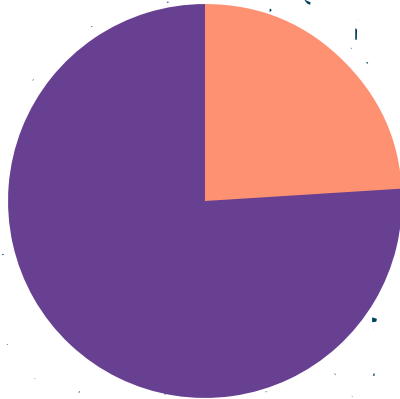


# Tobacco use among Adults in Malaysia

## PREVALENCE OF SMOKING AMONG ADULTS IN 2015

**Smokers**

24%



**Non-smokers**

76%

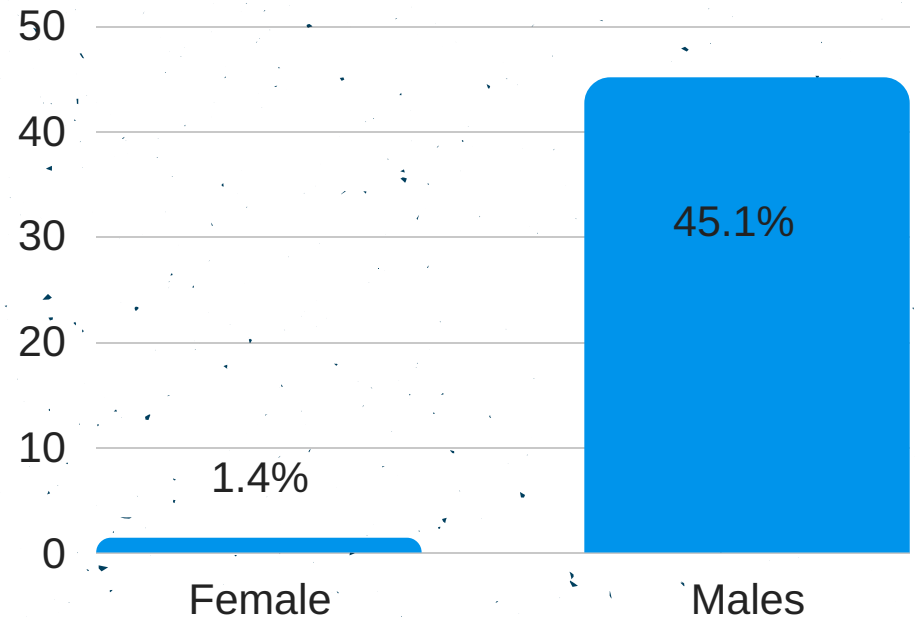


in



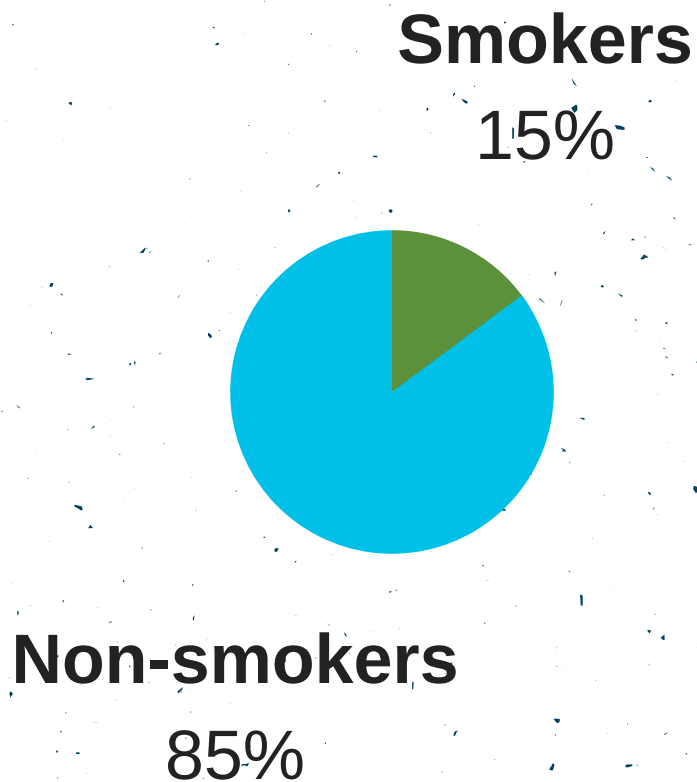
4.8 million

## DISTRIBUTION ACROSS GENDER

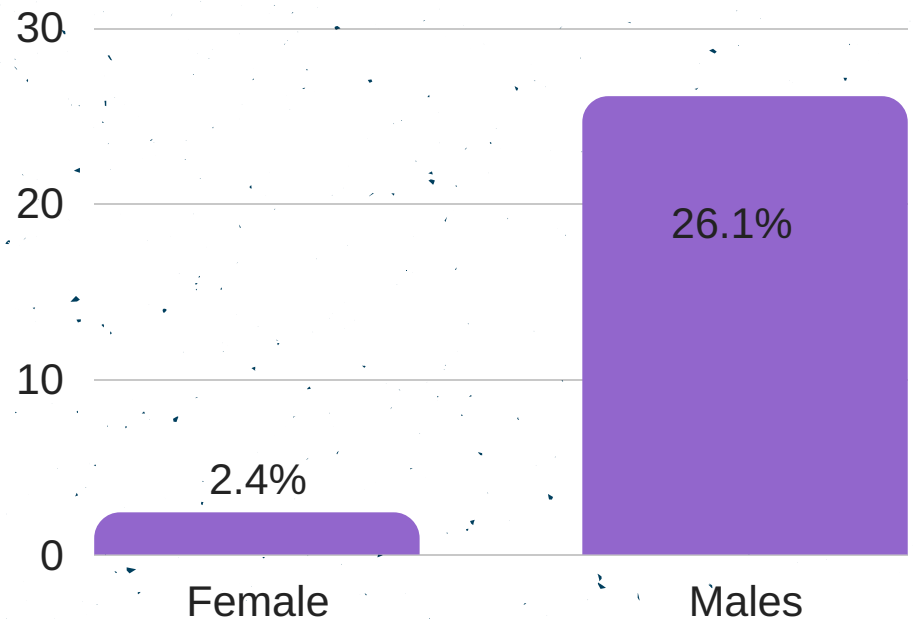


# Tobacco use among Youth in Malaysia

PREVALENCE OF SMOKING  
AMONG 13-15 IN 2016

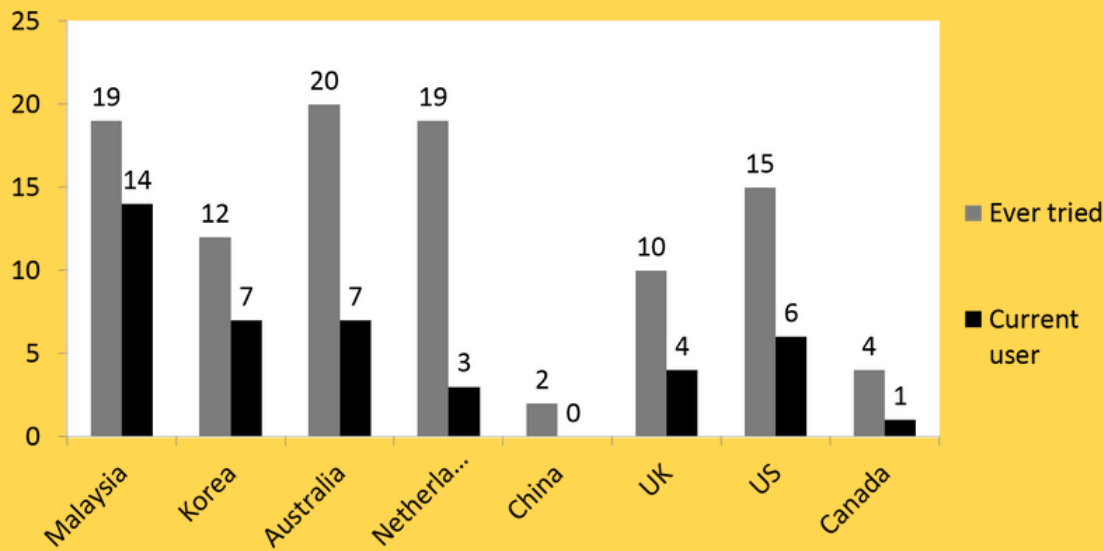
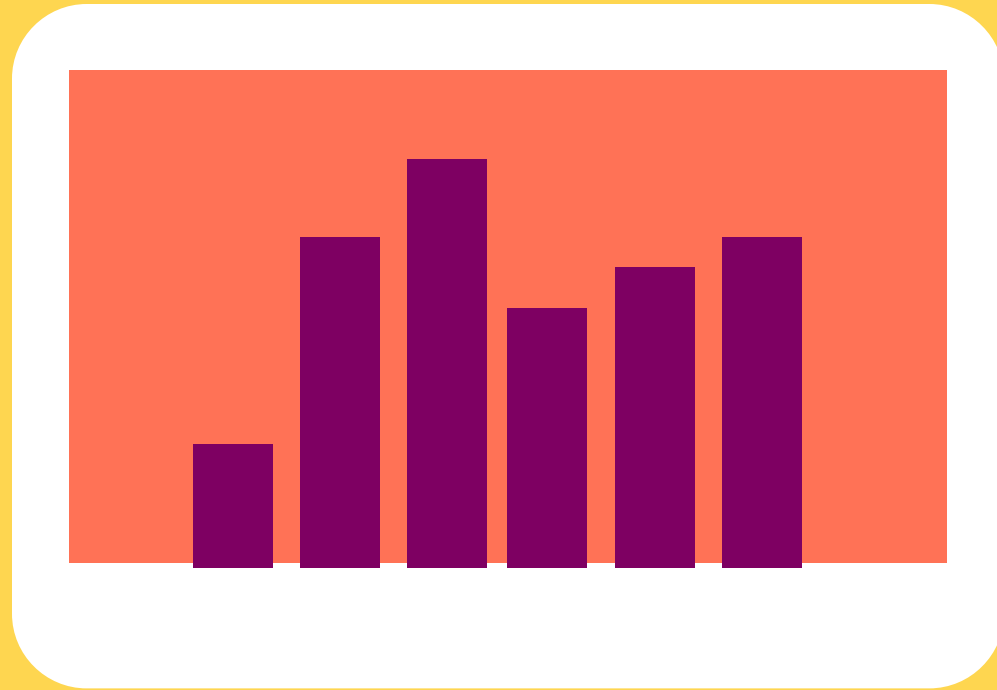


DISTRIBUTION ACROSS GENDER



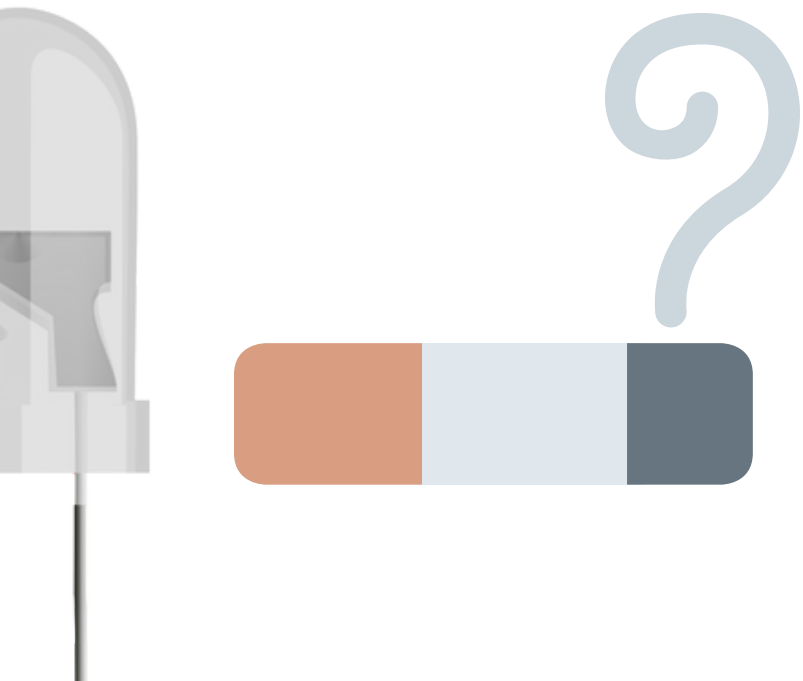
# 14%

*Highest current users of e-cigarettes  
among 8 countries*



SOURCE: GRAVERLY ET AL. 2014

Attempt, and  
current use of EC in  
8 countries:  
Findings from the  
ITC Project

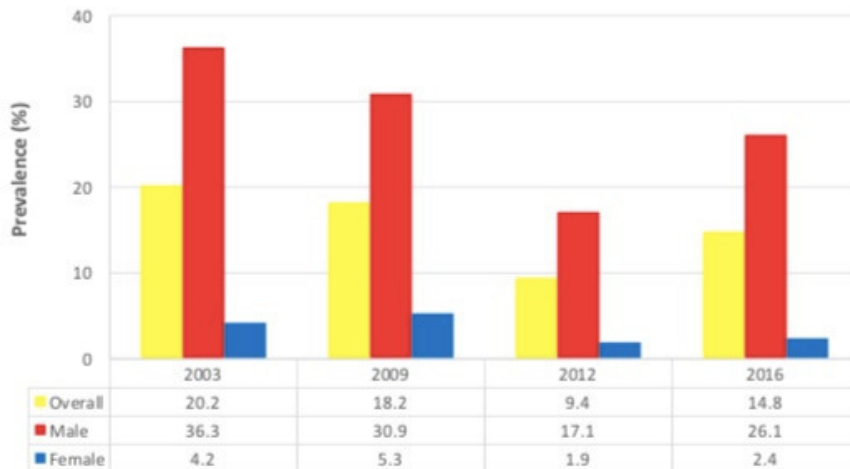


## E-CIGARETTES AND E-LIQUIDS

“HARM REDUCTION”  
TOOL? THERE ARE  
POSSIBILITY  
THAT YOUNG  
POPULATION OF NEVER  
SMOKERS ATTRACTED TO  
START SMOKING E-  
CIGARETTE.

### Youth Smoking Prevalence

Trend of Smoking Among Youth Aged 13 - 15, 2003-2016



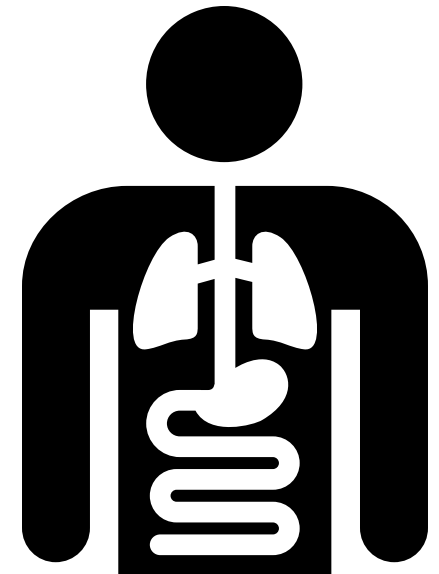
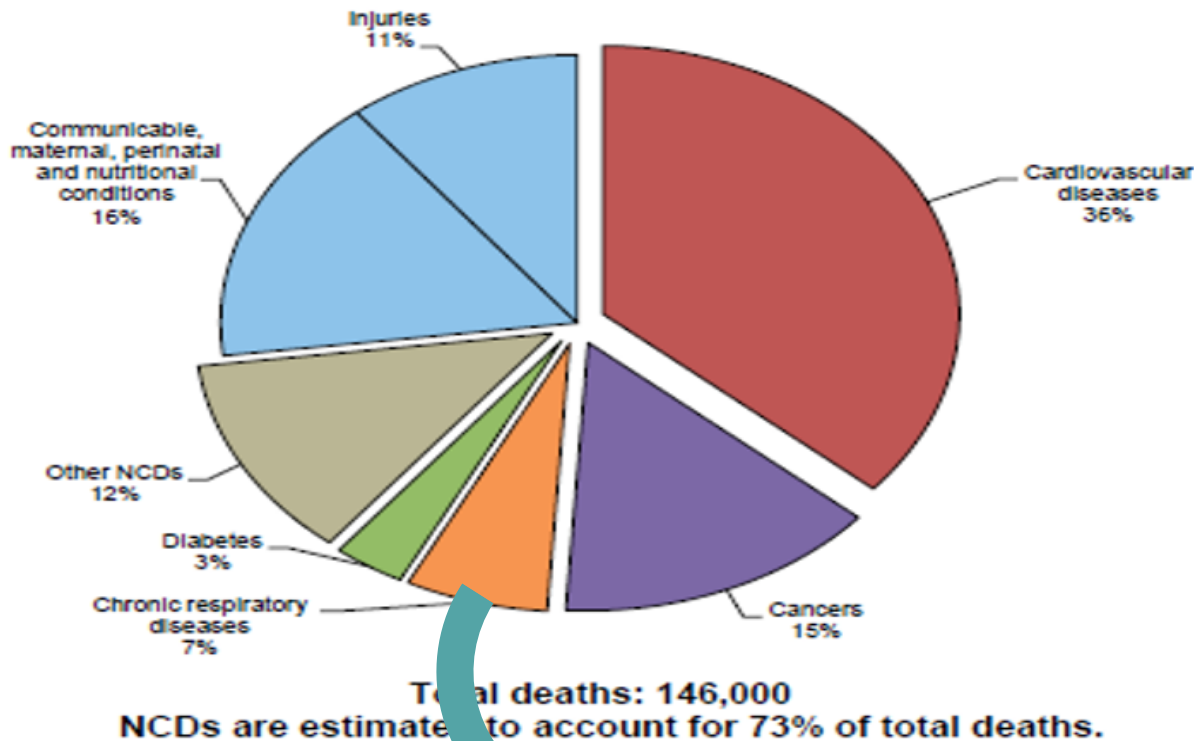
*No specific clause of regulation have been made in Malaysia for the manufacturing, selling, and purchasing of e-cigarette locally.*

# STATUS OF NON-COMMUNICABLE DISEASES IN MALAYSIA

Percentage of population living in urban areas: 72.8%

Population proportion between ages 30 and 70 years: 41.0%

Proportional mortality (% of total deaths, all ages, both sexes)\*



## RESPIRATORY DISEASES 7%

Source: Non-communicable diseases country profiles 2014-Malaysia  
by World Health Organisation (WHO)

# THE FRAMEWORK CONVENTION OF TOBACCO CONTROL

*Malaysia became a signatory: 23 Sept 2003*

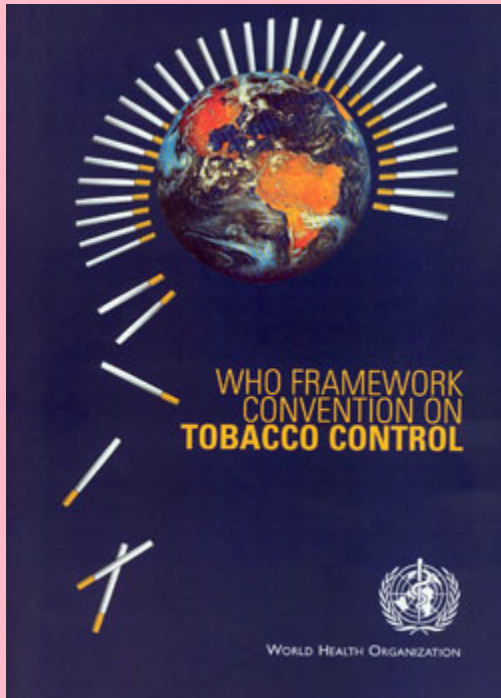
*Malaysia ratify: 16 Sept 2005*

*Malaysia became party: 16 Dec 2005*

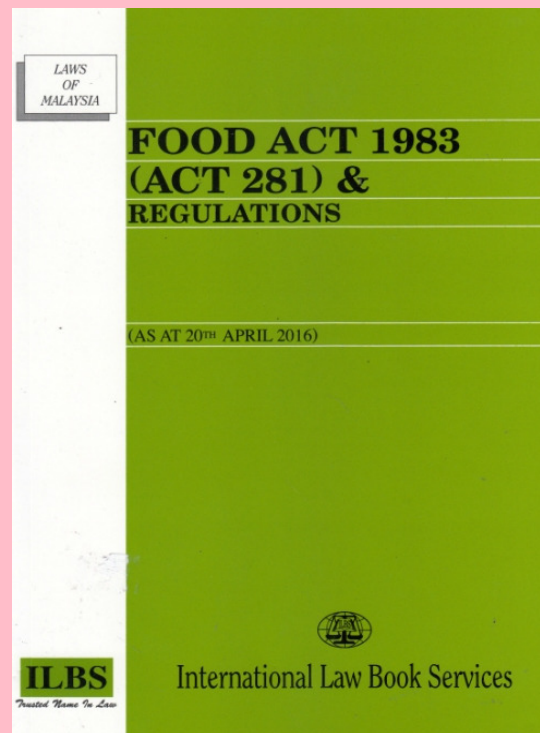


- **ADOPTED BY THE WORLD HEALTH ASSEMBLY ON 21/5/2003 AND ENTERED INTO FORCE ON 27/2/2005**
- **INTERNATIONAL LEGAL TOOL TO CURB TOBACCO EPIDEMIC AND IMPROVE PUBLIC HEALTH**

# Tobacco Control Roadmap



## Control of Tobacco Products Regulations 2004



## National Strategic Plan (NSP) On Tobacco Control 2015 - 2020





# Objective of NSP Towards the end game of tobacco

## GLOBAL NCD TARGET



30%

15%

2025



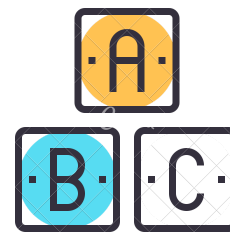
<5%

2045

# National Strategic Plan on Tobacco Control 2015-2020

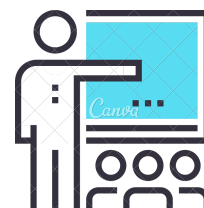
## 7. PROTECT NON-SMOKERS

Smoke-free community  
Smoke-free cities  
My smoke-free home



## 1. FCTC

Multisectoral  
collaboration and  
capacity building



## 5. MONITOR TOBACCO USE

National and Health  
Morbidity Survey  
Studies, GATS, GYTS

## 6. ENFORCE BANS - PICTORIAL HEALTH WARNING

Cigarette packs

## 2. LEGISLATION

Smoke-Free  
Restrictions in public  
Area  
Draft of Act

## 3. HEALTH PROMOTION & WARN DANGER

Advocation of smoke-  
free generation  
World No Tobacco Day

## 4. QUIT SMOKING CLINICS/ SERVICES

Clinics and quit lines



# 1 SMOKE-FREE RESTRICTION

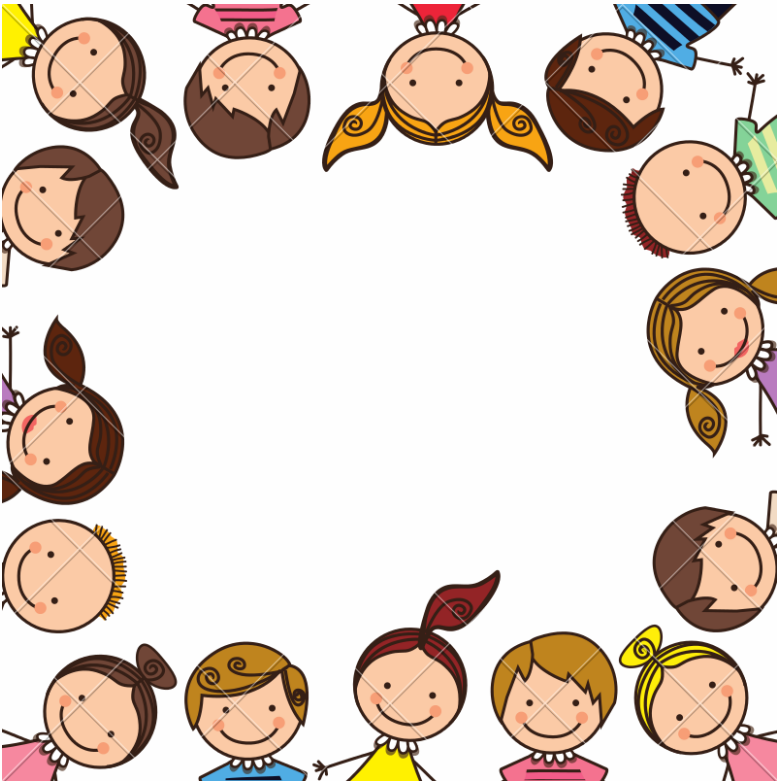
Control of Tobacco Product Regulations (2004)  
under the Food Act 1983 with amendments until  
2016

Entertainment centre or theatre, hospital or clinic, public  
lift or toilet, air-conditioned eating place or shop, public  
vehicle or public transport terminal, airport, government  
premise, area of assembly activity, educational  
institution, nursery, school bus, floor with service  
counter, shopping complex, petrol station, stadium,  
sports complex, fitness centre, gymnasium, religious  
places, library, internet café, air-conditioned office and  
shopping complex, highway stop



# 2 HEALTH PROMOTION

- Advocation of smoke-free generation
- Special programs for pregnant mothers,
    - Pre-school module
  - Primary and secondary school I M Free
  - Youth program under NGO (MySihat) for university students



# 3

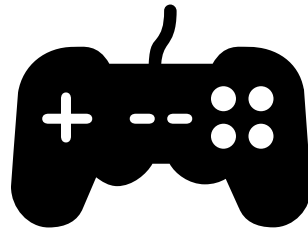
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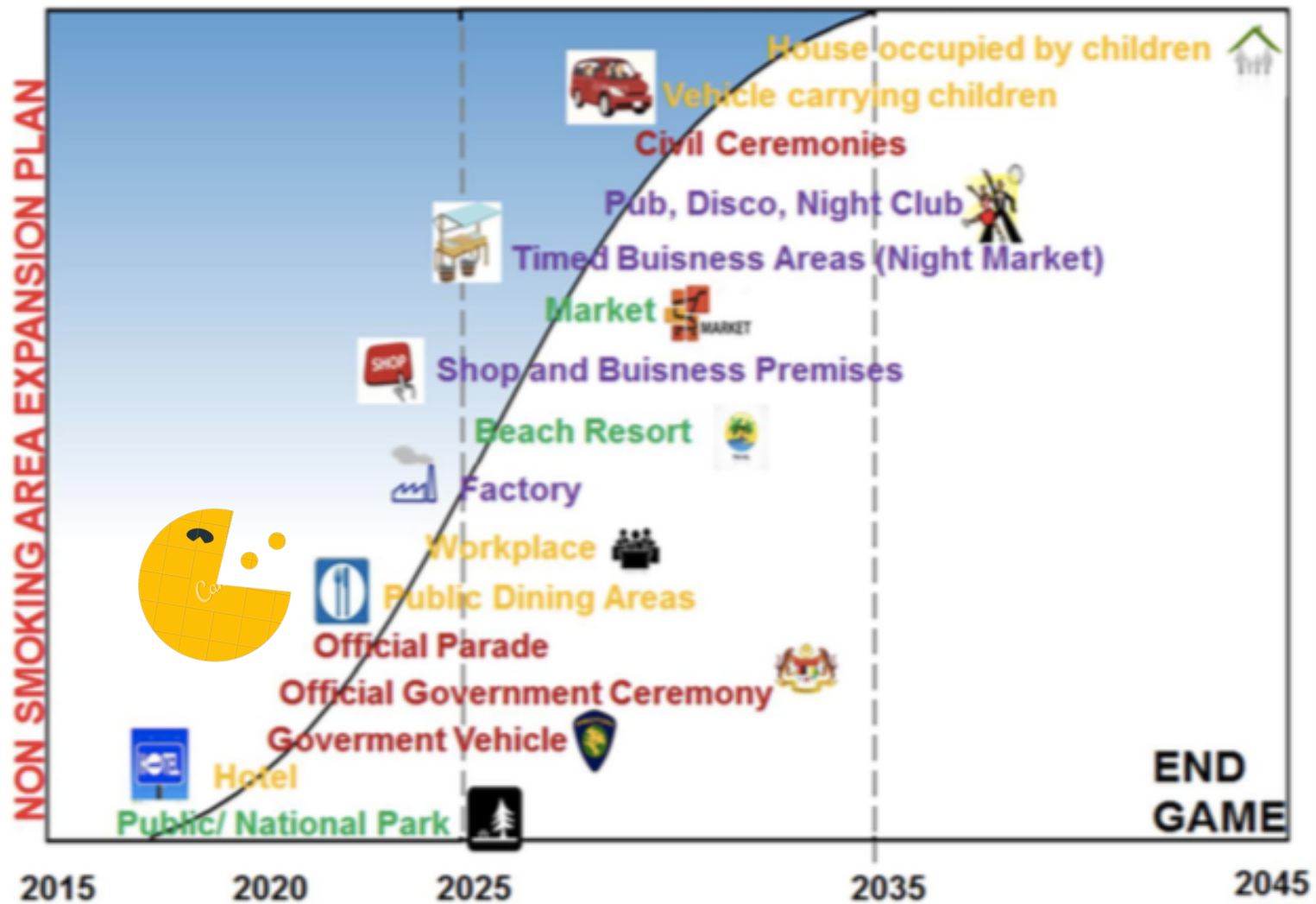
# RUMAH BEBAS ASAP ROKOK

# END



Game

- ++ End of commercial sale of tobacco products
- ++ Denormalisation of smoking culture
- ++ Zero exposure of tobacco use to children





**THANK  
YOU FOR  
LISTENING**

