

First Steps to Smoke-Free Lanarkshire Perspective

Lynn Adams, Health Improvement Senior
Tracy Henderson, Health Improvement Practitioner

First Steps Programme

- Early intervention Programme
- Targeting vulnerable families
- First Time Mums
- Ante/postnatal engagement
- Holistic, Needs Led Approach
- Encouraging and enabling

Benefits

- CSO Funding
- Full time coordinator
- Improved, knowledge, skills, experience & confidence
- Intervention – clients increased knowledge
- IAQM good motivational tool
- Second hand smoke resources
- Huge learning curve

Some of the Challenges

- Dylos Instruments
- Keeping FS2SF study firmly on the FS agenda
- Recruitment
- Retention of FS Clients onto study
- Training
- Family Dynamics & Home Environment

IAQM Way Forward

- Share our learning Internationally, Nationally & Locally
- Lanarkshire Tobacco Control Strategy 2018-2023
- IAQM Instruments good motivational tool
- Scoping out opportunities across all partners
- Ideas for future Indoor Air Quality Monitoring

QUESTIONS

